

# Canterbury



## Men's Sizes

|              |      | <b>XS</b>     | <b>S</b>      | <b>M</b>      | <b>L</b>      | <b>XL</b>     | <b>2XL</b>    | <b>3XL</b>    | <b>4XL</b>    | <b>5XL</b>    | <b>6XL</b>    |
|--------------|------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>Chest</b> | Inch | <b>34-36"</b> | <b>37-39"</b> | <b>39-41"</b> | <b>41-43"</b> | <b>43-45"</b> | <b>46-48"</b> | <b>49-51"</b> | <b>51-53"</b> | <b>54-56"</b> | <b>58"</b>    |
|              | cm   | 86-91.5       | 94-99         | 99-104        | 104-109       | 109-114.5     | 117-122       | 122-129.5     | 132-134.5     | 137-142       | 147.5         |
| <b>Waist</b> | Inch | <b>28-30"</b> | <b>30-32"</b> | <b>32-34"</b> | <b>34-36"</b> | <b>36-38"</b> | <b>38-40"</b> | <b>40-42"</b> | <b>42-44"</b> | <b>44-46"</b> | <b>46-48"</b> |
|              | cm   | 71-76         | 76-81.5       | 81.5-86       | 86-91.5       | 91.5-96.5     | 96.5-102      | 102-106.5     | 106.5-112     | 112-117       | 117-122       |

## Women's Sizes

|              |      | <b>6</b>   | <b>8</b>   | <b>10</b>  | <b>12</b>  | <b>14</b>  | <b>16</b>  | <b>18</b>  | <b>20</b>  | <b>22</b>  |
|--------------|------|------------|------------|------------|------------|------------|------------|------------|------------|------------|
| <b>Chest</b> | Inch | <b>30"</b> | <b>32"</b> | <b>34"</b> | <b>36"</b> | <b>38"</b> | <b>40"</b> | <b>42"</b> | <b>44"</b> | <b>46"</b> |
|              | cm   | 77         | 82         | 87         | 92         | 97         | 102        | 107        | 112        | 117        |
| <b>Waist</b> | Inch | <b>22"</b> | <b>24"</b> | <b>26"</b> | <b>28"</b> | <b>30"</b> | <b>32"</b> | <b>34"</b> | <b>36"</b> | <b>38"</b> |
|              | cm   | 57         | 62         | 67         | 72         | 77         | 82         | 87         | 92         | 97         |
| <b>Hips</b>  | Inch | <b>33"</b> | <b>35"</b> | <b>37"</b> | <b>39"</b> | <b>41"</b> | <b>43"</b> | <b>45"</b> | <b>47"</b> | <b>49"</b> |
|              | cm   | 85         | 90         | 95         | 100        | 105        | 110        | 115        | 120        | 125        |

## Junior Sizes

|              |      | <b>4</b>      | <b>6</b>      | <b>8</b>      | <b>10</b>     | <b>12</b>     | <b>14</b>     |
|--------------|------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>Chest</b> | Inch | <b>21-22"</b> | <b>23-24"</b> | <b>25-26"</b> | <b>27-28"</b> | <b>30-32"</b> | <b>32-34"</b> |
|              | cm   | 53-56         | 58.5-61       | 63.5-66       | 68.5-74.5     | 76-81.5       | 81.5-86       |
| <b>Waist</b> | Inch | <b>20-22"</b> | <b>22-23"</b> | <b>23-24"</b> | <b>24-26"</b> | <b>26-28"</b> | <b>28-29"</b> |
|              | cm   | 51-56         | 56-58.5       | 58.5-61       | 61-66         | 66-71         | 71-73.5       |

# How to Measure Yourself

1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.



1 CHEST

Measure around the fullest part of the chest making sure the measuring tape is straight and flat.

2 WAIST

Measure around the narrowest part, making sure the measuring tape is straight and flat.

3 HIPS

Measure around the fullest part of the hips, making sure the measuring tape is straight and flat.









